



Oregon League Leaders' Summit



March 30, Saturday

Time	New Coach	Facilitator	Returning Coach	Facilitator
8-8:20	Coffee and light breakfast	Oregon League		
8:25-9	Welcome, Introductions, and Overview (+video)	Heather Wolfgang, Executive Director	<--	<--
9-9:45	Oregon League Culture and Community	Kurt Wolfgang, Coach Supporter	<--	<--
9:45-10	BREAK			
10-11am	Intro to the Oregon League	Heather Wolfgang	Large Team Management & Fundraising	Amanda Carey
11-11:40	More Girls on Bikes: Recruitment, Retainment, Leadership	Robyn Wilson, GRiT Coordinator + Panel		
11:40-12	Rulebook	Heather Wolfgang		
12-12:45	LUNCH			
12:45-1:30	Strength Training and Stretching	Dan Walton, Studio Blue Pilates	<--	<--
1:30-2	Coach Licensing Levels	Kurt Wolfgang, Coach Supporter	<--	<--
2-2:30	Litmos Preview	Amanda Carey, Coach Licensing Manager	<--	<--
2:30-3	Risk Management	Amanda Carey, Coach Licensing Manager	Goal Setting for Student-Athletes	Kurt Wolfgang
3-3:15	BREAK			
3:15-4	<u>Practice and Season Planning</u>	Kurt Wolfgang	<--	<--
4-4:10	Strike Visuals Presentation	Heather Wolfgang	<--	<--
4:10-4:20	Filmed By Bike Fundrasing Opportunity	Ayleen Crotty, Founder	<--	<--
4:20-4:30	Podiumwear	Ashley Von Edge	<--	<--
4:30-6:30	Happy Hour presented by Podiumwear			

March 31, Sunday

Time	New Coach	Facilitator	Returning Coach	Facilitator
8-8:20	Coffee and light breakfast	Oregon League		
8:30-9:30	Ride Leading	Amanda Carey, Coach Licensing Manager	NICA Certified First Aid	Adventure Medics
9:45-10:45	Fundraising: How and What For	Amanda Carey, Coach Licensing Manager		
11-12pm	OTB 101 Classroom presentation	Kurt Wolfgang, Coach Supporter		
12:15-1	LUNCH			
1-4:30	On-the-Bike Skills Training 101 or 201	Kurt Wolfgang and Amanda Carey	NICA Certified First Aid	Adventure Medics